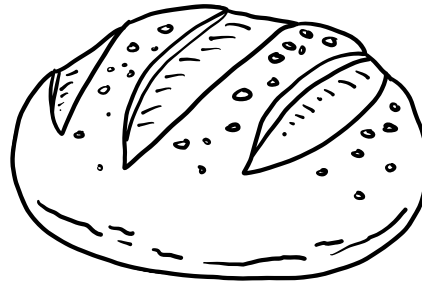
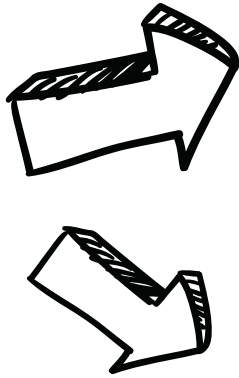
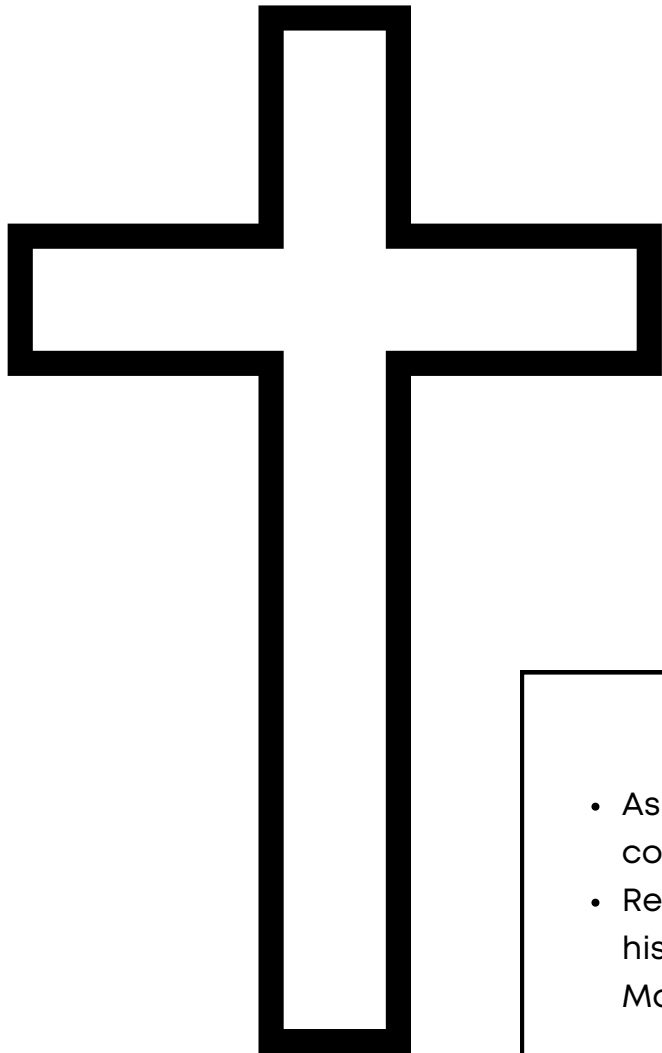


# Communion

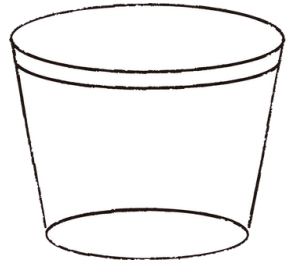
**means connection.** When we take communion, our connection to, or relationship with Jesus and one another is made stronger.



what does the  
**bread** and **juice**  
represent?

The **bread** represents Jesus' body that was broken. That's why the pastor leading communion breaks the bread. Then you eat the **bread** in the remembrance of Jesus' broken body and death on the cross. (Matthew 26:26)

The **juice** or wine represents Jesus' blood shed on our behalf. His blood washes away our sin. He took our sin on Himself on the cross and paid the price with His blood. You drink the **juice** to remember the blood that Jesus shed for us. (Matthew 26:27-29)



## How to prepare for communion

- Ask family and friends about their first communion memories
- Read the story about Jesus teaching his disciples about communion in Matthew 26
- Ask to have a 'practice' communion experience at home with your family
- Talk with your family about what makes communion special

# AM I READY...?

The decision for *when* you begin to take communion is ultimately up to **you** and **your family**.

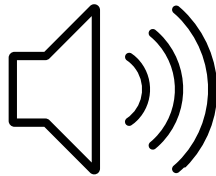
**THE BIBLE HAS NO AGE REQUIREMENT FOR COMMUNION**

*The only prerequisite is that the participant be a believer in Jesus.*

communion is an act of remembrance

**IT IS SIGNIFICANT**

requiring *understanding* and *reflection*



Jesus prayed, too.

**PRAY ABOUT IT!**

*When it comes to a decision like this, trust God's guidance and your parent or guardian's decision*

**A SIMPLE STARTING POINT.**

Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins." Matthew 26:26-28