

UNFOLLOW

Hurry

Introduction

This Christmas we're learning to fear less. The angels began their visits to Mary, Joseph, and the shepherds with the words, "Do not be afraid." God provides peace in the middle of uncertainty. He doesn't ignore your fears. He steps into them.

Pray

Don't forget that if anything significant happens, it's because God moved. Start by asking God to bless this time.

Practice Truth

1. Would people describe you as a 'hurried' person? What's the danger of living a hurried life?
2. How does hurry keep you from fully loving those around you?
3. Why do you think Jesus uses a picture of a work instrument (yoke) to communicate rest?
4. What type of life is Jesus inviting us into? What does this invitation say about how God cares for you?
5. Jesus said he is the way, the truth, and the life. Have you emphasized the "truth" over the "way"? What does this look like for you?
6. What is the difference between wanting a life and embracing the lifestyle?

Leader's Tip

The first night of the group you should supply the snacks. But on that first night, establish a snack sign-up sheet or schedule.

Do Life Together

We heard Dirk say, "If you want to experience the life of Jesus you have to adopt the lifestyle of Jesus." What is one thing that the lifestyle of Jesus mean to you? It could be one of the sabbaths we learned about: Mealtime, Electronic, Daily, or Ministry sabbath.