



## Belief Over Doubt

### Introduction

Your decisions determine your destiny and sometimes it's the smallest decisions that change your life the most. Intentionally choose the life God created for you by declaring, "I'm Over It." In this series we'll choose Belief over Doubt, Diligence over Regret, Purpose over Popularity, and Surrender over Control.

### Pray

Don't forget that if anything significant happens, it's because God moved. Start by asking God to bless this time.

### Practice Truth

1. Start by reading John 20:24-29. What surprises you? What questions do you have about the passage?
2. "You don't need to understand everything to believe something" Outside of faith, what is something you trust or believe but don't 100% understand?
3. What doubts about God or faith do you have?
4. Have you ever settled for a second-hand faith (relying on your spouse, parents, or a pastor's faith instead of owning it for yourself)? What's wrong with this approach? How does it short the "believer"?
5. Jesus accommodated Thomas in his doubt and gave him what he needed to believe. Share an example of how God gave you what you needed to believe. If you don't yet believe, what do you think you need in order to believe?

#### Leader's Tip

Eventually get the group out of your house. Someone else being the host will make the group less centered on you. You might try moving it to a different home every few months.

### Doing Life Together

One of the most damaging effects doubt has is that it robs us of the joy of seeing what could have been if doubt didn't take us out. What is one area of your life where you will choose faith in order to see what God will do? Close by lifting these up to God in prayer.