

# Paise Through the Pain

## Introduction

Can God be good when life is not? Why isn't God answering me? When life hits hard, it plunges us into a sea of questions we hoped we'd never have to ask. God is only silent when it's our turn to respond.

## **Pray**

Don't forget that if anything significant happens, it's because God moved. Start by asking God to bless this time.

### **Practice Truth**

- 1. Have you ever found yourself in a painful situation, asking, "What do I do now?" What was the situation, and how did you respond?
- 2. What does 'a prayer on shigionoth' [sha-goyanoth] mean and why is it important for understanding Chapter 3?
- 3. Can you remember a time when God was faithful to you? Does this help build your faith and trust in God for today and tomorrow?
- 4. Read Habakkuk 3:18. Who does this tell you about who God says He is? And how might that result in being joyful?

## **Do Life Together**

Our key takeaways for this weekend was to remember the past, get honest in the present, and be hopeful for the future? Make a brief list of what you are remembering, what you're being honest about, and where you see God's hope in the future.

#### Leader's Tip

A small group setting lends itself to group discussion, not to a lesson. People tend to learn better when they are actively involved, and sitting in a circle makes a lesson feel awkward and a discussion feel natural.