

Holding On

Introduction

Can God be good when life is not? Why isn't God answering me? When life hits hard, it plunges us into a sea of questions we hoped we'd never have to ask. God is only silent when it's our turn to respond.

Pray

Don't forget that if anything significant happens, it's because God moved. Start by asking God to bless this time.

Practice Truth

- 1. Did you grow up in an environment where you felt safe to bring doubts and questions to God?
- 2. Why do you think it can feel scary to question God?

Leader's Tip

Let people know if they are coming straight from work and need to bring dinner with them it's not a problem.

- 3. How do you think questioning God can become a strengthening moment for your faith?
- 4. Read Habakkuk 1:2-4. Describe a time when you found yourself wrestling with God.
- 5. During a time that was (or is) difficult, how did you (or do you) continue to embrace God in the middle of the trial?
- 6. Who do you have around you to pray with you and support you? How can they be praying for you right now?

Do Life Together

Spend some time identifying things you might need to wrestle with God over so you can embrace His love for you. Ask someone to pray and stand with you as you let your pain, doubts, and difficulties drive you to God.