

5 WORDS TO CHANGE YOUR LIFE

"No"

Introduction

The right words spoken in the right way at the right time will change your life. "Yes" will open new doors. "No" can avoid disaster. Joy is found in "Enough" and new life is found in "Help" and "Sorry". God will do big things with small words.

Pray

Don't forget that if anything significant happens, it's because God moved. Start by asking God to bless this time.

Practice Truth

1. Have you seen someone's mistake because they couldn't say 'no'?
2. Why do you think it's so hard to say no?
3. What are examples in the Bible of people saying 'no'?
4. God has a reputation for being a 'no' time and again. Why is that? How is God's 'no' really a 'yes' to what is better? Can you provide examples?
5. Discuss the statement: The stuff you have may be keeping you from the life you want. Where do you see that as true?
6. Dirk said, "Yes" opens doors while "No" guards your life. How does "No" guard your life (finances, family, health, etc..)?

Leader's Tip

Early on cast a vision for multiplication. Share your hope for seeing future small group leaders come from this group's attenders so that we can all Do Life Together!

Do Life Together

Our encouragement this week was to: Say NO to more stuff, Say NO to doing more, and Say NO to empty applause. Which of these will you commit to this week?